

Reception

Our Lives EYFS

Scheme of Work

Word Box: Dress, undress, clean, smelly, flannel, sponge, towel, hands, toothpaste, toothbrush, hairbrush, comb, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad.

Early Learning Goals Prime Areas

Physical Development
Health and self-care

Learning Intentions and Learning Outcomes

Learning Intention
To consider the routines and patterns of a typical day

Learning Outcomes
Understand some areas in which the children can look after themselves e.g. dressing and undressing

Title

Lesson 1
[Our Day](#)

Resources

Glove puppet
[Our Day pictures](#)

Physical Development
Health and self-care

Learning Intention
To understand why hygiene is important

Learning Outcomes
Explain why it is important to keep clean
Understand some basic hygiene routines

Lesson 2
[Keeping Ourselves Clean](#)

Glove puppet
Items related to hygiene, e.g. flannel, sponge, towel, toothbrush, toothpaste, shampoo, soap, comb, brush
[Keeping Clean pictures](#)
The Smelly Book, Babette Cole

Additional Activities
Anatomically correct dolls
Suggested reading:
The Boy Who Hated Toothbrushes, Zehra Hicks

Personal, Social and
Emotional Development
Making Relationships

Learning Intention
To recognise that all families are different

Learning Outcomes
Identify different members of the family
Understand how members of a family can help each other

Lesson 3
[Families](#)

The Family Book, Todd Parr
[Families pictures](#)
Paper for drawing pictures

Additional Activities
Suggested reading:
All Kinds of Families! Mary Ann Hoberman
I'll take you to Mrs Cole, Nigel Gray