

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Monday

Cooks Choice Homemade Tuna Pasta Bake or Ham and Cheese Pasta Bake served with broccoli

✓ Selection of Pizza with various toppings, jacket wedged potatoes, sweetcorn

Homemade Rice Pudding with Warm Berries or Ice Cream

### Tuesday

Cooks choice Roast Turkey with sage and onion stuffing or Braised Beef served with gravy, roast and creamed potatoes, carrots and broccoli

Homemade Macaroni Cauliflower Cheese topped with tomatoes served with fresh broccoli ✓

Fresh Fruit Salad  
Yoghurt

### Wednesday

Cooks choice

✓ Homemade Fruity Chicken Curry or

✓ Homemade Chicken Korma served with 50/50 rice

Cooks choice

✓ Homemade Cheese Flan  
½ jacket potato wedges, peas and sweetcorn or

✓ Tomato and Cheese Pasta Bake  
garlic bread

Homemade Fruit Crumble served with custard

### Thursday

Oven Baked Battered Salmon served with chunky chipped potatoes, peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes, peas or baked beans

Cooks choice Cookie

### Friday

Cooks choice Homemade Minced Beef Hot Pot served with carrot and peas

or

Our award winning Cluck Cluck Chicken Stew served with rice or sauté potato, carrots and peas

Oven baked Vegetarian Sausage Roll served with sauté potatoes and baked beans ✓

Cooks choice, homemade Peach  
Sponge Pudding, or Eve's Pudding  
served with custard sauce

## Week Two

### Monday

✓ Tortilla Boat filled with Mild Chili Beef, 50/50 rice, sweetcorn

Cooks choice

✓ Seasoned Chicken Breast served with ½ jacket potato, spaghetti hoops or

Chicken, Leek and Ham Pie served with creamed potatoes and seasonal vegetables

Apple and Blackberry Crumble, custard sauce or Strawberry Ice Cream

### Tuesday

Cooks choice

Roast Chicken or Turkey with sage and onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrots

Tomato and Mascarpone ✓  
Wholemeal Pasta Bake and broccoli

Fresh Fruit Salad  
Yoghurt

### Wednesday

Cooks Choice Moroccan Lamb Tagine, couscous or 50\50 rice

or

Cooks choice Curry with 50/50 rice

Baked Gammon, creamed potatoes, served with baked beans or seasonal vegetables

Cooks choice

Sticky Toffee Cake with custard sauce or

Chocolate Sponge Pudding with custard sauce

### Thursday

Oven Baked Tempura Battered Fish served with chunky chipped potatoes peas or baked beans

✓ Crumb Coated Chicken served with chunky chipped potatoes peas or baked beans

Cooks choice

Warm Banoffee Waffle or Cookie

### Friday

Cooks choice

✓ Homemade Lasagne or

✓ Homemade Spaghetti Bolognese served with broccoli

✓ Pork Sausage with sauté potatoes and seasonal vegetables

Homemade Flapjack

## Week Three

### Monday

Cooks choice Homemade (Change4Life) Cottage Pie served with broccoli or

Yorkshire Pudding filled with Savoury Minced Beef served with creamed potato and seasonal vegetables

Baguette Pizza or Flatbread Pizza with various toppings served with homemade jacket wedged potatoes and sweetcorn ✓

Plum and Oat Crumble served with custard or Ice Cream

### Tuesday

Cooks choice, Roast Turkey or Roast Gammon, sage & onion stuffing served with gravy, roast and creamed potatoes, fresh broccoli and carrot

Cooks choice

✓ Homemade Chinese Stir Fry Vegetables with Chicken and Egg Noodles or

✓ Chicken Tikka Masala served with 50/50 rice

Cooks choice Gingerbread Cake or Banana and Oat Cake

### Wednesday

Cooks choice Homemade Beef and Onion Pie or Minced Beef Wellington new potatoes, seasonal vegetables

Cooks choice

Pasta Carbonara or ✓ Italian Pasta with Chicken served with seasonal vegetables

Yoghurt or Fruit Segments

### Thursday

✓ Oven Baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven Baked Fish Fingers served with chunky chipped potatoes and garden peas

Cookie with Mandarin Oranges

### Friday

Option 1

✓ All Day Breakfast or Filled Jacket Potato

Option 2

✓ Pork Meatballs in Homemade Tomato and Basil Sauce served with wholemeal pasta and garden peas

Cooks choice, ✓ Cheese Flan, ½ jacket wedged potato, baked beans or

✓ Warm Cheesy Bean Quesadilla, fresh crisp salad

Cooks choice  
Butternut Squash Cake or Carrot Cake

School ..... Menu Autumn/Winter 2019/2020

Menu Cycle Week One: 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 9 Mar, 30 Mar, 20 April

Menu Cycle Week Two: 11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 16 Mar, 6 April, 27 April

Menu Cycle Week Three: 18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 2 Mar, 23 Mar, 13 April



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website  
[www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

