# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.

















# **Week One**

### **Monday**

Cooks choice Pasta Bake served with garden peas/sweetcorn

V Assorted Hot Fresh Panini served with homemade coleslaw, salad and sweetcorn

> Filled Jacket Potato Served with fresh crisp salad

> > Vanilla Ice Cream

#### Tuesday

V Roast Turkey served with sage and onion stuffing, creamed & roast potatoes, seasonal fresh carrots or broccoli & gravy

Homemade Macaroni Cheese topped with tomatoes served with fresh broccoli

> Filled Jacket Potato Served with fresh crisp salad

Yoghurt or Fruit Segments

#### Wednesday

Homemade Cooks Choice Chicken Curry served with 50/50 rice

V Mini Brunch Sausage & scrambled egg served with beans & waffle

> Filled Jacket Potato Served with fresh crisp salad

Homemade Blueberry cake

#### **Thursday**

V Homemade Spaghetti Bolognaise served with garden peas

Baked Gammon served with sauté potatoes, baked beans or peas

> Filled Jacket Potato Served with fresh crisp salad

> > V Fruit Jelly

#### **Friday**

Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes, garden peas or baked

Homemade Shortbread Biscuit

# **Week Two**

#### **Monday**

V Selection of Wholemeal Pizza with various toppings served with herby diced potatoes, peas or sweetcorn

V Tortilla boat filled with homemade mild chilli beef served with rice and sweetcorn

> Filled Jacket Potato Served with fresh crisp salad

> > Vanilla Ice Cream

#### **Tuesday**

V Savoury mince served in a Yorkshire pudding served with roast potatoes & fresh Broccoli

> MHomemade Tomato and Mascarpone Pasta Bake served with fresh broccoli

> > Filled Jacket Potato Served with fresh crisp salad

Yoghurt or Fruit Segments

#### Wednesday

Cooks choice Homemade Pasta Carbonara and seasonal vegetables

V Assorted Hot Paninis serve with crisp fresh salad and homemade coleslaw

> Filled Jacket Potato Served with fresh crisp salad

Homemade Chocolate Cake

#### **Thursday**

V Homemade Cooks Choice Chicken Curry serd with 50/50 rice

👿 Sausage roll served with sauté potatoes and baked beans

> Filled Jacket Potato Served with fresh crisp salad

> > V Fruit jelly

### Friday

Oven baked Battered Salmon or Fish fingers served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

MHomemade Cheese Flan served with chunky chipped potatoes, garden peas or baked beans

V Homemade Cooks Choice Cookie

# **Week Three**

#### **Monday**

Fish fingers, creamed potato, beans or peas

Wholemeal Pasta in a homemade nutritious tomato sauce served with broccoli

> Filled Jacket Potato Served with fresh crisp salad

> > Strawberry ice cream

#### Tuesday

V Roast Turkey served with sage and onion stuffing, creamed & roast potatoes, seasonal fresh carrots or broccoli & gravy

> Ham and Cheese Pasta Bake served with seasonal carrot and broccoli

> > Filled Jacket Potato Served with fresh crisp salad

Yoghurt or Fruit Segments

#### Wednesday

V Homemade Cooks Choice Chicken Curry served with 50/50 rice

V Assorted Hot Fresh Panini served with homemade coleslaw, salad and sweetcorn

> Filled Jacket Potato Served with fresh crisp salad

> > Homemade Flapjack

#### **Thursday**

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

W Cheese puffs served with baked herby diced potatoes and garden peas

> Filled Jacket Potato Served with fresh crisp salad

> > V Fruit jelly

## Friday

V Seasoned chicken fillets served with chunky chipped potatoes, garden peas or baked beans

Oven baked Battered fish served with chunky chipped potatoes, garden peas or baked beans

WHomemade Cheese Flan served with chunky chipped potatoes, garden peas or baked beans

Toffee Date cake



Menu cycle week one: 10 May, 31 May, 21 June, 12 July, 13 Sept, 4 Oct, 25 Oct Menu cycle week two: 26 April, 17 May, 7 June, 28 June, 19 July,

30 Aug, 20 Sept, 11 Oct Menu cycle week three:

3 May, 24 May, 14 June, 5 July, 26 July, 6 Sept, 27 Sept, 18 Oct



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



