

**OPTION 4 PRIMARY HOT MEAL SERVED IN DINING HALL
SEPTEMBER 2020**

*Vegetarian alternatives available, fresh fruit, Soreen, cheese and crackers or yoghurt available as a dessert. Fresh milk or water, unlimited salad available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	*Sausage, mash and gravy, seasonal vegetables Or Filled jacket potato Vanilla ice cream	*Roast turkey, roast and creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Fresh fruit salad	*Lasagne/Spaghetti Bolognese, garlic bread Fresh Broccoli Or Filled jacket potato Fruit crumble	Cooks choice *chicken curry and rice Peas Or Filled jacket potato Homemade cake	*Battered fish, chipped potatoes peas or beans Or Filled jacket potato Homemade biscuit
Week 2	Homemade pizza, Wedged potatoes Sweetcorn and salad Or Filled jacket potato Vanilla ice cream	*Roast chicken, roast and creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Fresh fruit salad	*Beef burger in a bun, salad, coleslaw sweetcorn Or Filled jacket potato Fruit crumble	*Seasoned chicken, potato waffle and baked beans Or Filled jacket potato Homemade cake	*Battered fish/salmon, chipped potatoes, peas or beans Or Filled jacket potato Homemade biscuit
Week 3	*Cooks choice pasta bake Fresh broccoli Or Filled jacket potato Vanilla ice cream	*Roast gammon, roast and creamed potatoes, stuffing, carrots, broccoli and gravy Or Filled jacket potato Fresh fruit salad	*Homemade chicken goujons/chicken poppers Herby diced potatoes Seasonal vegetables or baked beans Or Filled jacket potato Fruit crumble	Cooks choice *Homemade chicken curry/beef chilli and rice Or Filled jacket potato Homemade cake	*Fish finger, chipped potatoes peas or beans Or Filled jacket potato Homemade biscuit